



ELEVATING YOUR CAREER

CEA YOUNG PROFESSIONALS' CONFERENCE

November 21-22, 2024
Kananaskis Mountain Lodge

Improve your work environment with stronger communication and better relationships

This conference is designed to equip young professionals in the engineering consulting industry with the communication, relationship intelligence, and leadership skills to foster a more vibrant and productive work environment.

Attendees will learn how effective communication can bridge gaps across industries, project teams, and generations, and how strong communication skills can drive the industry forward.

Thursday, November 21, 2024

5:00 pm	Registration Opens	Rockies Room
5:30 pm	Cocktails	Rockies Room
6:15 pm	Welcome Dinner Networking & Icebreaker	Rockies Room

Friday, November 22, 2024

7:15 am - 8:00 am	Breakfast	Explorer Room
8:00 am - 8:15 am	Welcoming and Opening Address	Explorer Room
8:15 am - 10:00 am	Workshop: Understanding Different Motivational Value Systems Hosted by Melanie Richmond, P.Eng, ACC, Senior Consultant, Einblau & Associates <i>As humans, we all seek to satisfy our sense of self-worth and find purpose in what we do. The challenge? We all have different motives and use different strengths in that pursuit! This makes it difficult to engage with others unless we understand what drives them in life and how they find purpose and meaning in their work. Effective communicators appreciate this, learn the different styles, and incorporate that knowledge when working with other team members. This part of the session will provide insight into the 7 motivational value systems that drive behaviour.</i>	Explorer Room
10:00 am - 10:15 am	Coffee Break	Explorer Room
10:15 am - 12:00 pm	Workshop: General Skills to Build Great Working Relationships Hosted by Melanie Richmond, P.Eng, ACC, Senior Consultant, Einblau & Associates <i>When having conversations, we have our own perception of what the other person is saying. We might jump to conclusions too quickly without gaining enough information, or ensuring we fully understand what the other person is saying. This can lead the person feeling a lack of validation, or misunderstood and even lead to conflict. This part of the session will provide 8 general skills that can be used in conversations to help foster a mutually satisfying dialogue, uncover more information, and lead to better connection.</i>	Explorer Room

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12:00 pm - 1:00 pm Lunch

Explorer Room

Unpacking Identity as a Catalyst for Personal and Professional Growth

Hosted by Vince Fowler, *CEO Performance Coach*, *Fowler Performance Coaching*

Identity is the unseen driver behind most of our actions. It's not just about what we do but about who we believe we are. As Glennon Doyle asks, "Who were you before the world told you who to be?" With nearly a decade and a half of experience guiding over 150 CEOs and their executives, Vince Fowler will help you reexamine the labels and stories that might be holding you back. Drawing on insights from evidence-based social science and lived experience within the military, high-performance sport, and business coaching, we'll explore how redefining our identity can fuel progress, improve relationships, and bring clarity to both personal and professional life.

Through interactive exercises and guided introspection, this is your opportunity to evolve—redefining yourself in ways that align with your authentic aspirations and open up new possibilities.

1:00 pm - 2:30 pm

Explorer Room

2:30 pm - 2:45 pm Coffee Break

Explorer Room

Finding Your Voice (Panel)

Ana Tarin Arvizu, *Municipal Engineer, McElhanney*

Chris Workman, *President, Consulting Engineers of Alberta*

Jarrett Zilinski, *P.Eng. Project Manager, Transportation Planning, McElhanney*

Ken Kozakewich, *CEO, Consulting Engineers of Alberta*

This engaging panel brings together three panelists from diverse career backgrounds to explore the journey of building confidence and mastering effective communication. This session aims to equip young professionals with tools to express themselves confidently in their careers.

2:45 pm - 4:00 pm

Explorer Room

4:00 pm - 4:30 pm Conference wrap up & closing

Explorer Room